



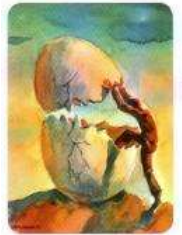
***Learn to Use Metaphoric Cards  
by Attending an Experiential Workshops  
All Around Australia***

We would like to invite you to an experiential workshops learning how to use metaphoric cards to work with your clients.

**Target audience:** Psychotherapists, Psychologists, Social Workers, Psychodramatists, Therapists, Mental Health Professionals & Counsellors.

**Goals:**

- Become familiar with new resources that can enrich the therapeutic experience.
- Experiment with decks of illustrated cards as ways of facilitating both the therapist's work and the clients therapeutic process.
- Discover the power of images as a means of expression and processing of emotional issues.
- Explore different ways of working with groups and adults on issues such as relationships, grief, stress, trauma and much more.



**By using the cards:**

- Clients can increase their awareness and understand of life events, behavioural patterns and the influence of the past on the present.
- Clients may discover new things about themselves.
- Provide a tool for warm ups and conflict resolution in many areas, including personal and interpersonal relationships, family communication and much more.
- For individual empowerment and personal development across all age groups and backgrounds.

**Participants will have the opportunity to be the client and the therapist. Practical and theoretical aspects of working with the cards will be demonstrated and discussed.**



Each workshop limited to 20. **Registration is essential.**

**Place & Time:**

**Adelaide**

Thursday 12<sup>th</sup> May – working with adults, groups and relationships

Friday 13<sup>th</sup> May- working with children, adolescents and groups.

Glenelg North Community Centre, Alison St, Glenelg North



### **Sydney**

Friday 27<sup>th</sup> May – working with adults, groups and relationships  
Saturday 28<sup>th</sup> May - working with children, adolescents and groups.  
CEP- Centre for Existential Practice,  
Suite 4/144-146 Cathedral Street Woolloomooloo



### **Perth**

Tuesday 21<sup>st</sup> June – working with adults, groups and relationships  
Wednesday 22<sup>nd</sup> June - working with children, adolescents and groups.  
Shenton Park Community Centre,  
240 Onslow Rd, Shenton Park

### **Melbourne**

Thursday 30<sup>th</sup> June - working with children, adolescents and groups.  
Sunday 11<sup>th</sup> September - working with adults, groups and relationships  
Wednesday 16<sup>th</sup> November - working with children, adolescents and groups  
Hughesdale Community House, 160 Poath Rd Hughesdale, Vic  
**All workshops time is between 9am-4:30pm**

**For cost, registration and more information please contact  
Noa Gross 0409 848 388 / [info@myfeelings.com.au](mailto:info@myfeelings.com.au)**

#### **About the facilitator, Noa Gross**

A registered Psychotherapist, and a Psychodrama & Art Therapist practitioner since 1999. Noa gained practical experience working in private practice and schools since 1999 working with adults, families and children of all ages from a variety of cultural and socio-economic backgrounds, and in the Mental Health sector.

Noa has a special interest working with people experiencing gender issues (youth and adults), people suffering from various traumas (including sexual abuse, grief, neglect), and providing parental guidance. As well, Noa has run experiential workshops in Australia & NZ that demonstrate how to use therapeutic cards.

Noa has a 2-hour weekly counselling live programme on the J-Air Radio in Melbourne.

Noa also provides supervision.

Noa has lived in NZ, Israel, and recently moved to Melbourne.